

# Activity Calendar


## April 2019



330 Dundurn St S 905-529-3163

Activity Director-Barb Bayliss ext 153 barb@aberdeengardens.com

More on reverse >

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|---|--|---|--|--|---|
| <p><b>Blue-entertainment, red-special events, Pink-outings</b></p> <p><b>ML location -main lounge 3F 3rd floor lounge MR meeting room</b></p> <p><b>All others will be in the lower level</b></p> <p><b>Shuttle van available by Appt. Tues, Thurs, and 1st and 3rd Fri.</b></p>   | <p><b>Traditions Alive Sale 1</b></p> <p>10:15 Exercises<br/>10:30 Balloon tennis<br/><b>11:00 Town Hall Meeting</b><br/>11:00 Walking group<br/>1:00 Crossword and Word search club<br/>1:30 Lets Stretch <b>ML</b><br/>2:00 Bingo<br/>3:30 UNO<br/><b>5:00 Vanessa on piano</b><br/>6:30 Movie- Ladies choice</p> | <p><b>Leather Bag Lady-sale 2</b></p> <p><b>9:30 iPad training</b><br/>9:45 Better Balance<br/><b>10:00 Memory Café</b><br/>10:30 Anglican Service<br/>10:30 Walking group<br/>11:30 Heat Therapy<br/>1:00 Bicycle exercises<br/>1:45 Exercise<br/><b>2:00 Flamboro Casino</b><br/>2:30 Hero's and Villains<br/>3:30 The Music of Andre Rieu<br/>6:30 Movie - Men's choice</p> | <p><b>3</b></p> <p>9:30 Hairdresser<br/>10:15 Yoga <b>Cancelled</b><br/>10:30 Java Club <b>MR</b><br/>11:00 Walking group<br/>1:30 Ball Benefits class <b>ML</b><br/>2:00 Music /Movement <b>ML</b><br/>2:00 Jackpot bingo<br/>3:30 Dominos <b>ML</b><br/><b>5:30 Henry on piano</b><br/>6:30 Movie-ladies choice</p> | <p><b>Foot Nurse 4</b></p> <p>8:30 Fewer Falls<br/><b>10:00 Dollartree</b><br/>10:30 Greeting Card Making<br/>10:30 Walking group<br/>10:30 Xbox bowling<br/>10:45 50s Musical Memories <b>ML</b><br/>11:30 Heat therapy<br/>1:00 Bicycle exercises<br/>1:45 Exercises<br/><b>2:00 Scenic drive</b><br/>2:30 Fit Minds <b>ML</b><br/>2:30 A.S.S.U.R.E group <b>MR</b><br/><b>3:30 Kent's Singalong ML</b><br/>6:30 Movie- Men's choice</p> | <p><b>5</b></p> <p>9:30 Hairdresser<br/>9:30 Rummy <b>3F</b><br/>10:15 Exercises<br/>10:45 Scrabble<br/>11:00 Walking group<br/>1:30 Lets Stretch <b>ML</b><br/>2:00 McMaster craft Class<br/>2:00 Pool Sharks<br/>2:00 Tic Tac Throw<br/>3:30 Knit and chatter<br/>6:30 Swinging Spring Karaoke</p>     | <p><b>6</b></p> <p>10:30 Cranium crunch-at the front desk<br/>1:00 UNO <b>ML</b><br/><b>2:00 Cam Woovett ML</b><br/>3:00 Bingo<br/>3:30 Dog visit-Fizzy <b>ML</b><br/><b>5:30 Gareth on piano</b><br/>6:30 Golden Girls <i>Ep5</i></p>      |
| <p><b>National volunteer week &gt; 7</b></p> <p>10:00 Hymn sing<br/>10:30 Xbox bowling<br/>10:30 Relaxation and movement with Naomi<br/>1:45 Golf Putting<br/>2:30 Sunday Social <b>ML</b><br/>3:00 Therapy dog visit-Mousse<br/>3:00 Even Odd Card Game <b>ML</b><br/>3:30 Worship Time with Mary<br/>6:30 Movie- Reilly Ace of Spies <i>Dreadnoughts and Crosses</i></p> | <p><b>8</b></p> <p>10:15 Exercises<br/>11:00 Bookmobile<br/>11:00 Walking group<br/>1:00 Crossword and Word search club<br/>1:30 Lets Stretch <b>ML</b><br/>2:00 Bingo<br/>3:30 UNO<br/><b>5:00 Vanessa on piano</b><br/>6:30 Movie- Ladies choice</p>  | <p><b>Easter raffle begins&gt; 9</b></p> <p><b>9:30 iPad study</b><br/>9:45 Better Balance<br/><b>10:00 Memory Café</b><br/>10:30 Catholic Mass<br/>10:30 Walking group<br/>11:30 Heat Therapy<br/>1:00 Bicycle exercises<br/>1:45 Exercise<br/><b>2:00 Walmart</b><br/>2:30 Malt Shop Afternoon<br/>6:30 Movie - Men's choice</p>   | <p><b>10</b></p> <p>9:30 Hairdresser<br/>10:15 Yoga exercises<br/>11:00 Walking group<br/>1:30 Ball Benefits class <b>ML</b><br/><b>2:00 Lyongate Show&amp;Tell</b><br/><b>3:00 Jackpot Bingo</b><br/><b>5:30 Henry on piano</b><br/>6:30 Movie-ladies choice</p>   | <p><b>11</b></p> <p>8:30 Fewer Falls<br/>10:30 Xbox bowling<br/>10:30 Norma's Crafts<br/>10:30 Walking group<br/><b>11:30 Lunch Critics - Bedrock Bistro</b><br/>11:30 Heat therapy<br/>1:00 Bicycle exercises<br/><b>2:00 Scenic drive</b><br/>1:45 Exercises<br/>2:30 Fit Minds<br/>2:30 A.S.S.U.R.E group <b>MR</b><br/><b>3:30 Kent's Singalong ML</b><br/>6:30 Movie-men's choice</p>   | <p><b>Jazz Appreciation Day 12</b></p> <p>9:30 Hairdresser<br/>9:30 Rummy <b>3F</b><br/>10:15 Exercises<br/>10:45 Scrabble<br/>11:00 Walking group<br/><b>12:00 New Resident lunch</b><br/>1:30 Lets Stretch <b>ML</b><br/>2:00 Pool Sharks<br/><b>2:30 Florin Clonta ML</b><br/>6:30 Name That Tune</p> | <p><b>13</b></p> <p>10:00 Movie: Titanic<br/>10:30 Cranium crunch-at the front desk<br/>1:00 UNO <b>ML</b><br/><b>2:00 Wyatt Ladd ML</b><br/>3:00 Bingo<br/>3:30 Dog visit-Fizzy <b>ML</b><br/>6:30 Golden Girls <i>Ep6</i></p>             |
| <p><b>14</b></p> <p>10:00 Hymn sing<br/>10:30 Xbox bowling<br/>1:45 Golf Putting<br/>2:30 Sunday social <b>ML</b><br/>3:00 Even Odd Card Game <b>ML</b><br/>3:00 Therapy dog visit-Mousse<br/>3:30 Worship Time with Mary<br/>6:30 Movie- Reilly Ace of Spies <i>Dreadnoughts and Double-crosses</i></p>   | <p><b>15</b></p> <p>10:15 Exercises<br/>10:30 Hamilton Trivia <b>ML</b><br/>11:00 Walking group<br/>1:00 Crossword and Word search club<br/>1:30 Lets Stretch <b>ML</b><br/>2:00 Bingo<br/>3:30 UNO <b>ML</b><br/><b>5:00 Vanessa on piano</b><br/>6:30 Movie- <i>To Kill A Mockingbird</i></p>                     | <p><b>16</b></p> <p>9:45 Better Balance<br/><b>10:00 Memory Café</b><br/>10:30 Walking group<br/><b>10:45 Food Matters - Milk and Cookies</b><br/>11:30 Heat Therapy<br/>1:00 Bicycle exercises<br/>1:45 Exercise<br/><b>2:00 Limeridge Mall</b><br/>2:30 Horse Races<br/>3:30 Music of the 70's<br/>6:30 Chloe &amp; Alannah time</p>   | <p><b>17</b></p> <p>9:30 Hairdresser<br/>10:15 Yoga exercises<br/><b>10:45 Food for Thought</b><br/>11:00 Walking group<br/>1:30 Ball Benefits class <b>ML</b><br/>2:00 Jackpot Bingo<br/><b>3:30 Laura's Classics</b><br/><b>5:30 Henry on piano</b><br/>6:30 Movie-ladies choice</p>                                | <p><b>Foot Nurse 18</b></p> <p>8:30 Fewer Falls<br/>10:30 Walking group<br/><b>10:45 Preschool Easter Egg Hunt</b><br/>11:30 Heat therapy<br/>1:00 Bicycle exercises<br/><b>1:30 Raffle winner revealed</b><br/>1:45 Exercises<br/>2:30 Fit Minds<br/><b>3:30 Kent's Singalong ML</b><br/>6:30 Movie-Men's choice</p>  | <p><b>Good Friday 19</b></p> <p>9:30 Hairdresser<br/>9:30 Rummy <b>3F</b><br/>10:45 Scrabble<br/>2:00 Pool Sharks<br/><b>2:30 Michael Kavanagh ML</b><br/>6:30 Movie: <i>Ben Hur</i> part 1</p>                     | <p><b>20</b></p> <p>10:00 <i>Ben Hur</i> part 2<br/>10:30 Cranium crunch-at the front desk<br/>1:00 UNO <b>ML</b><br/>2:00 Easter Egg Decorating<br/>3:00 Bingo<br/>3:30 Dog visit-Fizzy <b>ML</b><br/>6:30 Movie: <i>Easter Parade</i></p> |




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| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|--|--|--|--|---|--|---|
| <b>21</b>  | <b>National dance week &gt; 22</b>   | <b>Chiroprapist 23</b>   | <b>24</b>  | <b>25</b>   | <b>26</b>  | <b>27</b>   |
| 10:00 Hymn sing<br>10:30 Xbox bowling<br>1:45 Golf Putting<br>2:30 Sunday social <b>ML</b><br><b>3:00 Krishanthi ML</b><br>6:30 Movie; <i>The Passion of Christ</i><br>  | 10:15 Exercises<br><b>10:45 Why Bees are Disappearing</b><br>11:00 Walking group<br>1:00 Crossword and Word search club<br>1:30 Lets Stretch <b>ML</b><br>2:00 Bingo<br>3:30 UNO <b>ML</b><br><b>5:00 Vanessa on piano</b><br>6:30 Movie– <i>Save the Last Dance</i><br><b>EARTH DAY</b> | 9:45 Better Balance<br><b>10:30 New! Chair Yoga</b><br>10:30 Rosary<br>10:30 Walking group<br>11:30 Heat Therapy<br>1:00 Bicycle exercises<br>1:45 Exercise<br>2:30 Musical Bingo<br>6:30 Chloe & Alannah time                               | 9:30 Hairdresser<br>10:15 Yoga exercises<br>10:45 Java Club <b>MR</b><br>11:00 Walking group<br>1:30 Ball Benefits class <b>ML</b><br><b>2:00 Swing Band ML</b><br>3:00 Jackpot Bingo<br>3:30 Dominos <b>ML</b><br><b>5:30 Henry on Piano</b><br>6:30 Movie- <i>Shall we Dance</i>           | 8:30 Fewer Falls<br>10:30 Walking group<br>10:30 Xbox bowling<br>10:45 You be the Judge<br>11:30 Heat therapy<br>1:00 Bicycle exercises<br>1:45 Exercises<br>2:30 Fit Minds<br>2:30 A.S.S.U.R.E group <b>MR</b><br><b>3:30 Kent's Singalong ML</b><br>6:30 Movie- <i>La La Land</i> | 9:30 Hairdresser<br>9:30 Rummy <b>3F</b><br>10:15 Exercises<br>10:45 Scrabble<br>11:00 Walking group<br><b>2:00 Men's club</b><br>1:30 Lets Stretch <b>ML</b><br>3:30 Knit and Chatter<br>6:30 Keeping up with the Times | 10:00 Movie-Black Swan<br>10:30 Cranium crunch-at the front desk<br>1:00 UNO <b>ML</b><br><b>2:00 John Sadowski ML</b><br>3:00 Bingo<br>3:30 Dog visit-Fizzy <b>ML</b><br>6:30 Movie- <i>Swing Time</i> |
| <b>28</b>  | <b>29</b>  | <b>30</b>  | <b>Blue- entertainment, red -special events, Pink- outings</b><br><br><b>ML location -main lounge</b><br><b>3F 3rd floor lounge</b><br><b>MR meeting room</b><br><b>All others will be in the lower level</b><br><br><b>Shuttle van available by Appt. Tues, Thurs, and 1st and 3rd Fri.</b> |   |  |   |
| 10:00 Hymn sing<br>10:30 Relaxation and movement with Naomi<br>10:30 Xbox bowling<br><b>2:00 Jeff Gurney</b><br>2:30 Sunday social <b>ML</b><br>3:00 Therapy dog visit-Mousse<br>3:00 Even Odd Card Game <b>ML</b><br>3:30 Worship Time with Mary<br>6:30 Movie– <i>Reilly Ace of Spies The Visiting Fireman</i> | 10:15 Exercises<br><b>10:30 Birdhouse decorating</b><br>11:00 Walking group<br>1:00 Crossword and Word search club<br>1:30 Lets Stretch <b>ML</b><br>2:00 Bingo<br>3:30 UNO <b>ML</b><br><b>5:00 Vanessa on piano</b><br>6:30 Movie– <i>Ladies choice</i>                                | 9:45 Better Balance<br><b>10:00 Memory Café</b><br>10:30 Rosary<br>10:30 Walking group<br>11:30 Heat Therapy<br>1:00 Bicycle exercises<br>1:45 Exercise<br><b>2:30 Monthly Birthday Party With Paula French</b><br>6:30 Chloe & Alannah time |  |   |  |   |



**April is Canadian Cancer Society's Daffodil Month: Wear a daffodil pin to show support for people living with cancer . Available at the front desk for donation of \$2 or more.**