

How I met my wife

On this particular day I was doing nothing when my friend Don came by and asked "Do you want to go for a ride?" "Sure", I said "Why not" and off we went. He had to deliver a package to his aunt who boarded girls going to Teachers College. With the package delivered, she said, "Now you have to meet my girls" With that she called upstairs and said "Girls come down and meet my nephew and his friend". Down they came and into the room came Alice, Lorna, Mary and Joan. Wow! Joan was the girl I've always dreamed of; she was standing right in front of me. We stayed for a while before leaving but I could not get Joan out of my mind. Then good old Don called and said they were having a birthday party for the girl that I liked. I asked for his aunt's phone number, placed a call and when they got Joan to the phone, I wished her a happy birthday and managed to get a date while we were talking. For me the courtship was now on. She lived in Port Colborne and I drove up every weekend. Monday, I would also write her a love letter. After about two and a half years, I asked for her hand in marriage, she accepted. We were married in St. James Anglican church Port Colborne, Ontario. Following the reception, we left for a honeymoon in Bermuda.

We were married for over 60 years.

By resident Ken D

If you have an interesting story, poem, verse or something funny that you would like to share.

Please, don't be shy, come and submit your article to Martina for the next addition of the Aberdonian.

Remember to set your clocks one hour ahead on Sunday March 8th.



Won't You Be My Neighbor?

Each year, March 20 is celebrated as Won't You Be My Neighbor Day in honor of the birthday of Fred Rogers, everybody's favorite television neighbor. Rogers suffered a lonely childhood and was often taunted about being overweight. He overcame his shyness to become a Presbyterian minister but left the seminary to go into television. He hated TV and wanted to transform it into a means of nurturing those who would watch and listen. Rogers was a natural when it came to children's broadcasting, using his talents to develop puppets, music, and characters that appealed to kids' better natures. By the time the show *Mister Rogers' Neighborhood* aired in 1968, he had mastered his use of imaginative elements and the kind, quiet manner that became his trademark.



Jays Book Review

Raw Bone by Scott Thornley

Author Scott Thornley grew up in Hamilton, which inspired his fictional Dundurn. If you've been around this town for any length of time you will recognize all the streets and places in this novel. I really enjoyed it and read it in a day and a half.

The scene: On a cold morning in early spring, the body of a young woman is found trapped in the ice of Dundurn Bay. The next day at dawn, a homeless man discovers an unconscious school teacher in a public park. Gagged and bound with duct tape, the man is rigged to an elaborate bomb that's been set to blow if anyone attempts to free him.

Detective Superintendent MacNeice and his team are called in to investigate the two seemingly unrelated crimes, and quickly find themselves venturing into the dive bars and rooming houses of Dundurn, where Irish immigrants rub elbows with mercenaries and the city's criminal underclass.

ABERDONIAN

Aberdeen Gardens Retirement Residence, 330 Dundurn St. S. 905-529-3163



Happening in March

- 2 Town Hall Meeting
- EZ Fit Shoes Sale
- 3 Coffee Shop Club
- Walmart
- 4 Chaplin Joseph's Bible Study
- 5 Dollar Tree
- 6 Giant Tiger
- Bob Williamson
- 7 John & Sheila Ludgate
- 8 **Set Clocks Forward 1 Hour**
- 10 Bank Run
- Limeridge Mall
- 11 Food Town Hall Meeting
- Gems for You Sale
- 12 Lunch Critics
- (Maria's Fifties Diner)
- 13 New Resident Lunch
- Philharmonic Trip
- 14 Kim Atkins
- 17 Shamrock Party
- with Marion Shynal
- 18 Spring Tide Bulb Show
- 20 Shoppers Drug Mart
- 21 Krishanthi
- 22 Jeff Gurney
- 24 Flamboro Casino
- 25 Reading Buddies
- 26 Walmart
- 27 Grandpals
- 28 Jan Denk
- 31 Birthday Party with Paula

Message from the Executive Director - Maddi

Spring is in the air! The ground hog said it would be an early spring, I love the winter so I am ok with whenever we see Spring. I am excited to share that our very own Director of Care is bringing back the award winning Gentle persuasive approach training to our very own healthcare staff. Training, diversity and engagement is very important to our home. Also, we are celebrating Black history month with a Tapestry of Diversity training at the end of the month with Jayne Harvey. We are pleased to bring these events to our home, all take care and keep warm!

Message from the Activity Director- Barb

The signs of spring are here. The clocks spring forward on the 8th, the spring bulb show is on at the Gage Park Greenhouse, and we celebrate the luck of the Irish on the 17th.

In honor of International Women's day each night for a week we are showing episodes from the groundbreaking comedic variety show-the Carol Burnett show.

After a year and a half, we are still finding new restaurants for the lunch critics to visit. If you have a suggestion, please let myself or Martina know.



A Bright New Day Unfolding

*I sit in my room on a winter afternoon
 The silence is almost foreboding
 Branches of trees bend against their will
 While cold Easterly winds keep blowing
 My heart whispers "Be patient, it won't be long
 Before bright spring days console you"*

*The bright green grass still lies, neath a blanket of snow
 While snow drops and crocuses are budding
 Like signs of hope that soon there'll be
 A bright new day unfolding
 Give shouts of joy in cheerful jubilation
 The sun is warmed, the skies are blue
 And blossoms on trees are budding
 While birds are busy nesting
 Winter clothes all packed away
 No more muddy foot prints tracking
 Enjoy all to the fullest
 For it won't be long, until it's all gone
 Replaced by those steamy days of summer*

By resident Margaret G.

Notable Quotes

The past is gone
 It's left behind,
 There's is no turning back
 But strong in love,
 In faith and hope
 There's nothing more
 We lack.
 We must keep moving
 Forward now,
 No time for standing still,
 And see the bright horizon shine
 Above the distant hill.
 So, don't regretting passing time
 Forget the stress and strive
 To everything a season...
 Reach out to love and life!

HOPE

It shines just like a candle that flickers in the breeze,
 so that in the darkest night, the truth one always sees.
 So, forget not the ingredient that helps us all to cope,
 that magical elixir of course, quite simply

HOPE.

Submitted by resident Keith D

**Congratulations!!
 We raised \$142.00 by a 50/50 draw
 and toque and heart sales for
 Heart and Stroke month**

Ode to Sully

I'm soft and warm, all in a huddle
 So, pick me up but just to cuddle
 I sleep whilst throughout the day
 If you're annoying, stay away!
 When Michelle opens my cage and lets me out
 I feel free and happy, so I jump about
 I visit my residents from time to time
 I can hear them whisper, "I wish he were mine"
 I hop around from here to there
 As seekers look for me everywhere
 I then twitch my nose and smirk with glee
 He's behind the piano
 The chair- Sara points at me
 But I'm not there
 I'm behind "JP's" chair
 You must be quick or can't you see
 I'm no turtle, you can't catch me
 My occasional excursion
 Makes me feel great
 Cause I know no resident
 Wants me on their plate

By Resident John T



**Walk Down Abby Road with
 Us
 On March 20
 With Burgers and Beatles
 Dinner**

Memorable Beatle Quotes

**Imagine all the people
 living life in peace
 I believe in Yesterday**

*I get by with a little help from my
 friends*

Let it Be

