

November 2021


Blue- Entertainment

Red- Outings (Sign up Required)


Orange- Activity Room (AR)

Pink- Exercise Room (ER)

Green- Main Lounge (ML)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>On November 6th at 2:00AM we will be changing our clocks backwards an hour for daylight savings.</p>	<p>1</p> <p>10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Scrabble (AR) 11:00 Food for thought with Chef Bill (AR) 2:00 Jigsaw Puzzles (AR) 2:00 Rummy (3rd Floor) 2:30 Whiteboard Hangman (ML) 3:30 Weird History (AR) 7:30 Movie (AR)</p>	<p>2</p> <p>10:00 Morning Exercise (ER) 10:30 Walking Group 10:00 Butterfly Conservatory (Sign Up) 10:30 Xbox Bowling (AR) 11:00 Pretty Polish (AR) 2:30 Happy Hour & Music With Manvir (AR) 3:30 Netflix (AR) 7:30 Movie (AR)</p> 	<p>3</p> <p>Hairdresser 10:30 Guided Meditation (AR) 10:30 Walking Group 11:00 Trivia Time (ML) 12:30- 3:00 Walker Clinic (AR) 2:00 Jeopardy (AR) 2:30 Game Board Group (AR) 3:30 Comedy Club (AR) 7:30 Movie (AR)</p>	<p>4 Foot Dr. Jason</p> <p>10:00 Morning Exercise (ER) 10:00 Bank Run (Sign Up) 10:30 Walking Group 10:30 Xbox Bowling (AR) 10:30 Crafting Group (AR) 11:00 Coloring Craze (AR) 2:30 Word Searches and Crosswords (AR) 3:00 Chocolate Bar Bingo (AR) 7:30 Movie (AR)</p>	<p>5</p> <p>Hairdresser 10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Crafting Group (AR) 11:00 Cranium Crunches (AR) 2:30 Sing Along (AR) 3:00 Loonie Bingo (AR) 7:00 Ticats vs. Lions 7:30 Movie (AR)</p>	<p>6 Daylight Savings</p> <p>9:00 Cranium Crunches Word Searches Sudoku Coloring Sheets Crosswords (See front desk) 2:00 Euchre (3rd Floor) 3:00 Krishanthi (ML) 7:30 Movie (AR)</p>
	<p>7 Daylight Savings</p> <p>EZ Fit Shoes Vendor Sale with Naveed (ML) 10:30 YouTube: Guided Meditation (AR) 11:00 Knit and Chatter (ML) 2:30 Sunday Spice (ML) 3:00 Netflix (AR) 7:30 Movie (AR)</p>	<p>8</p> <p>10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Scrabble (AR) 11:00 Food for thought with Chef Bill (AR) 2:00 Game Board Group (AR) 2:00 Rummy (3rd Floor) 2:30 Cranium Crunches 3:30 Weird History (AR) 7:30 Movie (AR)</p>	<p>9</p> <p>10:00 Brantford Casino (Sign Up) 10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Xbox Bowling (AR) 11:00 Mini Putt (AR) 2:30 Happy Hour & Music with Cam Woolvett (AR) 3:30 Netflix (AR) 7:30 Movie (AR)</p>	<p>10</p> <p>Hairdresser 10:30 Guided Meditation (AR) 10:30 Walking Group 11:00 Humor Time (ML) 2:00 Wheel of Fortune (AR) 2:30 Afternoon High Tea & Pastries (AR) 3:30 Arm Chair Travelling (AR) 7:30 Movie (AR)</p>	<p>11 Remembrance Day</p> <p>10:00 Morning Exercise (ER) 10:00 Shoppers Drug Mart (Sign Up) 10:30 Walking Group 10:30 Xbox Bowling (AR) 11:00 Remembrance Day Service Announcement 2:30 War Time Classics (AR) 3:30 Chocolate Bar Bingo (AR) 7:30 Movie (AR)</p>	<p>12</p> <p>Hairdresser 9:00-4:00 Appointments 10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Crafting Group (AR) 11:00 Coloring Craze (AR) 2:30 Horse Races (AR) 3:00 Loonie Bingo (AR) 7:30 Movie (AR) 7:30 Ticats vs. Argos</p>
<p>14</p> <p>10:30 YouTube- Non Denominational Worship (AR) : Hope 11:00 Knit and Chatter (ML) 2:00 Hamilton History with Janet (AR) 2:30 Sunday Spice (ML) 3:00 Netflix (AR) 7:30 Movie (AR)</p>	<p>15</p> <p>10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Scrabble (AR) 11:00 Food for thought with Chef Bill (AR) 2:00 Jigsaw Puzzles (AR) 2:00 Rummy (3rd Floor) 2:30 Whiteboard Hangman (ML) 3:30 Weird History (AR) 7:30 Movie (AR)</p>	<p>16</p> <p>10:00 Dollar Tree (Sign Up) 10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Xbox Bowling (AR) 11:00 Pretty Polish (AR) 2:30 Happy Hour & Music With Mike Foster (AR) 3:30 Netflix (AR) 7:30 Movie (AR)</p>	<p>17</p> <p>Hairdresser 10:30 Guided Meditation (AR) 10:30 Walking Group 11:00 Trivia Time (ML) 2:00 The Chase (AR) 2:30 Game Board Group (AR) 3:30 Concert DVD (AR) 7:30 Movie (AR)</p>	<p>18</p> <p>10:00 Morning Exercise (ER) 10:00 Food Critics: Ye Ole Squire (Sign Up) 10:30 Crafting Group (AR) 10:30 Walking Group 10:30 Xbox Bowling (AR) 11:00 Coloring Craze (AR) 2:30 Horse Races (AR) 3:00 Chocolate Bar Bingo (AR) 7:30 Movie (AR)</p>	<p>19 Men's Day</p> <p>Hairdresser 10:00-2:00 Flu Shot Clinic 10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Crafting Group (AR) 11:00 Word Searches (AR) 2:00 Gentlemen's Club (AR) 3:00 Loonie Bingo (AR) 7:30 Movie (AR)</p>	<p>20</p> <p>9:00 Cranium Crunches Word Searches Sudoku Coloring Sheets Crosswords (See front desk) 2:00 Euchre (3rd Floor) 3:00 Krishanthi (ML) 4:00 Ticats Vs Roughriders 7:30 Movie (AR)</p>

More on Reverse >

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 Gingerbread Day 10:30 YouTube: Guided Meditation (AR) 11:00 Knit and Chatter (ML) 2:30 Sunday Spice (ML) 3:00 Netflix (AR) 7:30 Movie (AR)	22 10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Scrabble (AR) 11:00 Food for thought with Chef Bill (AR) 2:00 Game Board Group (AR) 2:00 Rummy (3rd Floor) 2:30 Word Scrambles (ML) 3:30 Weird History (AR) 7:30 Movie (AR)	23 10:00 Morning Exercise (ER) 10:00 Walmart (Sign Up) 10:30 Walking Group 10:30 Xbox Bowling (AR) 11:00 Mini Putt (AR) 2:30 Happy Hour and Music With Louise & Andrew 3:30 Netflix (AR) 7:30 Movie (AR)	24 Hairdresser Vendor Sale With Anish (ML) 10:30 Guided Meditation (AR) 10:30 Walking Group 10:30 Town Hall Meetings 1st, 2nd, 3rd Floor In Equipment Room 11:00 Humor Hour (ML) 2:30 Afternoon High Tea & Pastries (AR) 3:30 Arm Chair Travelling (AR)	25 10:00 Morning Exercise (ER) 10:00 Value Village (Sign Up) 10:30 Walking Group 10:30 Crafting Group (AR) 10:30 Xbox Bowling (AR) 11:00 Word Searches and Crossword Puzzles (AR) 2:30 Sing Along (AR) 3:00 Chocolate Bar Bingo (AR) 7:30 Movie (AR)	26 Black Friday Hairdresser 9:00-4:00 Scenic Drive with Larry (Sign Up) 10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Crafting Group (AR) 11:00 Humor Time (ML) 2:30 Horse Races (AR) 3:00 Loonie Bingo (AR) 7:30 Movie (AR)	27 9:00 Cranium Crunches Word Searches Sudoku Coloring Sheets Crosswords (See front desk) 2:00 Euchre (3rd Floor) 2:30 Netflix (AR) 7:30 Movie (AR)
28 10:30 YouTube- Non Denominational Worship (AR) : Golden Rule 11:00 Knit and Chatter (ML) 2:30 Sunday Spice (ML) 3:00 Netflix (AR) 7:30 Movie (AR)	29 Cyber Monday 10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Scrabble (AR) 11:00 Food for thought with Chef Bill (AR) 2:00 Jigsaw Puzzles (AR) 2:00 Rummy (3rd Floor) 2:30 Whiteboard Hangman (ML) 3:30 Weird History (AR) 7:30 Movie (AR)	30 10:00 Giant Tiger (Sign Up) 10:00 Morning Exercise (ER) 10:30 Walking Group 10:30 Xbox Bowling (AR) 11:00 Pretty Polish (AR) 2:30 Happy Hour & Birthday Party With Paula French 3:30 Netflix (AR) 7:30 Movie (AR) 50/50 Draw				

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Activity Director– Dana Thompson Ext. 153 / dthompson@aberdeengardens.com

Please note, this calendar does not apply in an outbreak or lockdown situation.

GROUP OUTINGS ARE LIMITED, SIGN UP REQUIRED.

50/50 Draw
 Pick a Poppy
 \$2
 At the front desk



WE REMEMBER