

# ABERDONIAN

Aberdeen Gardens Retirement Residence | 330 Dundurn St. S | (905)-529-3163 |



U T P G P P G H D F H P L L A  
 A E O C A R F R U W U H F E O  
 I K T P W A B O L M G F W P G  
 T D A P B H V O Y L H O X E Z  
 R F P X N R D S L J B V L R L  
 T T I J E N K H C N R N A C O  
 J O U V F O U R I G X C N H G  
 S B O Z L I P A T R I C K A T  
 T L G G M A R C H M G D Z U L  
 C L O C F M B E W C H K D N U  
 S Z V G G D W K L R E V O W C  
 O F Y Y O E Y S H A M R O C K  
 A G E H O L G R E E N H P T Y  
 R V R K J D D X O Y A D A E Z  
 Y G D Z R H O T T U N S Z B L

CLOVER  
 FOUR  
 GOLD  
 GREEN  
 IRELAND  
 LEPRECHAUN  
 LUCKY  
 MARCH  
 PATRICK  
 POT  
 RAINBOW  
 SHAMROCK



### Wishing the Happiest of Birthdays to:

- Hilda S.....March 7<sup>th</sup>
- Maureen W.....March 9<sup>th</sup>
- Pat J.....March 15<sup>th</sup>
- Bill W.....March 17<sup>th</sup>
- May C.....March 23<sup>rd</sup>
- Carine W.....March 26<sup>th</sup>
- Trevor T.....March 27<sup>th</sup>
- Helen S.....March 29<sup>th</sup>



### March Birthdays

In astrology, those born from March 1–20 are Pisces' Fish. Pisces are incredibly sensitive and empathetic. They often tap into their boundless imaginations and dreamy attitudes to become accomplished artists. Those born from March 21–31 are Aries' Rams. Rams are headstrong, charging forward into adventures with confidence and ambition. Aries' charisma and confidence make them effective leaders.

- Lupita Nyong'o (actress) – March 1, 1983
- Dr. Seuss (author) – March 2, 1904
- Rob Reiner (actor) – March 6, 1947
- Lester Holt (journalist) – March 8, 1959
- Simone Biles (gymnast) – March 14, 1997
- Nat King Cole (musician) – March 17, 1919
- Vanessa Williams (singer) – March 18, 1963
- Spike Lee (director) – March 20, 1957
- Chaka Khan (singer) – March 23, 1953
- Aretha Franklin (singer) – March 25, 1942
- Mariah Carey (singer) – March 27, 1970
- Eric Clapton (musician) – March 30, 1945

### Celebrating March

**Happy Hour with Entertainment**  
*Every Tuesday at 2:30*

**Lev Senior Living Lunch**  
*March 3<sup>rd</sup>*

**Food Critics:**  
*March 7<sup>th</sup>*

**International Women's Day**  
*March 8<sup>th</sup>*

**Traditions Alive Vendor**  
*March 8<sup>th</sup>*

**Daylight Savings**  
*March 12<sup>th</sup>*

**Gage Park Bulb Show**  
*March 14<sup>th</sup>*

**St. Patrick's Day**  
*March 17<sup>th</sup>*

**Frog Exhibit @ RBG**  
*March 28<sup>th</sup>*

**Birthday Party w/ Paula**  
*March 28<sup>th</sup>*

**Town Hall Meeting**  
*March 29<sup>th</sup>*



### Message from our Director of Recreation – Dana

Hello March! As we await the first day of spring we are looking forward to warmer temperatures and beautiful spring blossoms. Lots of exciting things happening this month, and a few changes. We have mentioned that Greenwood Retirement Communities has changed the name to LEV Senior Living, we are still Aberdeen Gardens. We will be holding our LEV Launch Party on Friday March 3<sup>rd</sup> in the Activity Room. The owner (Yaniv) will be streaming live from head office and giving a speech. Please join us for non-alcoholic champagne and cake.

Daylight Savings is Sunday March 12<sup>th</sup>, remember to set your clocks one hour ahead. Friday March 17<sup>th</sup> is St. Patrick's Day, we will be having a St. Patrick's Day Party in the Activity Room. For those of you who would like to sign up for the Frog Exhibit, please sign-up ASAP as we must purchase tickets online.

**Friendly Reminder- When leaving the building for more than 3 hours, please leave your pendant in your suite. If not, it will send a signal to our staff saying you are in need of assistance.**

**Danas Fun Fact of the Month:** The heart of the blue whale, the largest animal on earth, is five feet long and weighs 400 pounds. The whale in total weighs 40,000 pounds.

**Inspirational Words**

*"Nothing is IMPOSSIBLE. The word itself says 'I'm Possible'."*  
 - **Audrey Hepburn**

*"The way I see it, if you want the rainbow, you gotta put up with the rain."*  
 - **Dolly Parton**

*"Spread love everywhere you go. Let no one ever come to you without leaving happier."*  
 - **Mother Teresa**

*"Step out of the history that is holding you back. Step into the new story you are willing to create."*  
 - **Oprah Winfrey**



**An Irish Blessing**

May the sun shine bright on your windowpane,

May the rainbow be certain to follow each rain,

May the hand of a friend always be near you,

And may God fill your heart with gladness to cheer you.



With the International Day of Forests on March 21 and World Wildlife Day on March 3, the month of March provides ample opportunities to reflect on the extraordinary diversity of life on our planet. Our planet nurtures and supports so much life, it's no wonder we call her "Mother Earth."



**Two Astute Women**

Miss Lawson's grade one class has made its start on the new school year curriculum. It is her job to teach it and help the children understand it. Some children are quick to learn, others need more time. Kenneth was one who was having a problem with some of the work. Miss Lawson had her eye on him, and he was the next one to have her help. Besides helping with the lessons, she was quick with praise and encouragement. Two weeks later for the last lesson of the day they were using pencil and paper to copy some alphabet letters Miss Lawson had left on the black board. As the day was ending, she asked the class to bring up their work, place it on her desk, and get ready to go home. They had all left the room before Kenneth brought up his work, placing it on her desk. Miss Lawson looked it over and said, "this is very good, Kenneth. I am very pleased with this work; keep it up." This put a smile on his face. His work continued to improve for the rest of the school year.

Now with the magic of my pen we flip a few pages in time; now we find old Kenneth in the Aberdeen Gardens Retirement Centre. Kenneth is bored, the love of his life has passed away, kids have left, can't drive, or play golf. It was when he stopped to talk with Barb, the activity director, that things got a lot better. It was during one of their daily talks that Barb sensed that he needed something to do. This prompted her to ask him to write something for the Aberdonian paper. Kenneth said, "I can't do an article, I have trouble writing my own name." Barb said, "Try it." The next day he presented his article to Barb, who said "this is very good, I will put it in the Aberdonian." To which Kenneth says, "wow that's great." In the last 84 years Kenneth has been duped twice, but he is happy. While not at the same writing level as Rudyard Kipling, Kenneth's articles are interesting.

Copy Boy,  
**Ken D.**

**Comic Corner by T.N.T.**

A frog hopped into a bank, hopped directly over to the loan arranger. The nameplate on her desk read Ms. Patricia Wack. Ms. Wack: "Yes sir how may I help you?" Frog: "I wish to take out a loan". Ms. Wack: "Yes sir, what is your name and how much money do you wish to borrow?"

Frog: "My name is Kermit, I would like to borrow \$30,000 dollars to buy a boat to sail on a long, long trip- also, I might add, my father is Mick Jagger. Ms. Wack: "30,000 dollars is a lot of money; I'll have to speak to the manager. Do you have any collateral?" Frog: "Just this". He hands her a small elephant made of smooth pink porcelain, standing about half an inch high. Frog: "I think he will O.K the loan, he knows my father."

The teller goes into the manager's office, explains the loan, she then hands him the small pink elephant and says to the manager "what is it?". The manager says "It's a knickknack Ms. Patti Wack, so give the frog a loan, his father is a Rolling Stone."

