

1	2	7	6	9				
	8		7		2			
		5		3		6		
			2		7		1	
				1		5		9
			9		5		8	2
		1				8		4
	9						7	5
2								6

**Wishing the Happiest of Birthdays to:**

- Joe D.....September 5<sup>th</sup>
- Mary P.....September 7<sup>th</sup>
- Margie H.....September 7<sup>th</sup>
- Theodora K.....September 8<sup>th</sup>
- Betty C.....September 19<sup>th</sup>
- Diane Z.....September 23<sup>rd</sup>
- Margaret K.....September 30<sup>th</sup>



**September Birthdays**

In astrology, those born from September 1–22 are Virgins of Virgo. Virgos, associated with the goddess of the earth, are rooted in the material world. They are considered practical, organized, and detail-oriented. Those born from September 23–30 balance the scales of Libra. Libras strive to find equilibrium and fight for equality and justice. They use their sharp minds to de-escalate conflicts and find peace.

- Keanu Reeves (actor) – September 2, 1964
- Beyonce (singer) – September 4, 1981
- Idris Elba (actor) – September 6, 1972
- Otis Redding (singer) – September 9, 1941
- Tyler Perry (filmmaker) – September 13, 1969
- Lauren Bacall (actress) – September 16, 1924
- Frankie Avalon (singer) – September 18, 1940
- Dorothy Vaughan (programmer) – September 20, 1910
- Mark Hamill (actor) – September 25, 1951
- Serena Williams (athlete) – September 26, 1981
- Gene Autry (cowboy) – September 29, 1907

September 2023

# ABERDONIAN

Aberdeen Gardens Retirement Residence | 330 Dundurn St. S | (905)-529-3163 |



**Celebrating September**

- Classical Music Month**
- Hispanic Heritage Month**
- Happy Hour with Entertainment**  
*Every Tuesday at 2:30*
- Labour Day**  
*September 4<sup>th</sup>*
- Peace Memorial Park**  
*September 5<sup>th</sup>*
- Chair Yoga with Radha**  
*September 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>*
- Grandparents' Day**  
*September 10<sup>th</sup>*
- Carl Luke Apple Picking**  
*September 12<sup>th</sup>*
- Monthly Birthday Party**  
*September 26<sup>th</sup>*
- Town Hall Meeting/Food for Thought**  
*September 27<sup>th</sup>*
- Charter Ability Boat Cruise**  
*September 28<sup>th</sup>*
- Friday Night Fever: Oldies but Goodies**  
*September 29<sup>th</sup>*
- Truth & Reconciliation Day**  
*September 30<sup>th</sup>*



**Message from our Director of Recreation- Dana**

Hello September, I am excited about our fun and exciting programs this month. Please look over the attached Recreation Calendar. Sign up for apple picking, Peace Memorial Park (RE: Bob Williamson's Presentation). On September 28<sup>th</sup>, we will be cruising on the 16-mile creek, please join us and dress according to the weather. Friday Night Fever was a wonderful time, this month we have hired entertainment for you to enjoy. This month's theme is Oldies but Goodies (40's, 50's & 60's). Wear an **orange** shirt on September 30<sup>th</sup> for Truth and Reconciliation Day.



**Dana's Fun Fact of the Month: Australia is wider than the moon.**

## Memories

Memories are thoughts kept in  
our hearts  
Like pictures of times gone by  
Some make us smile and linger  
awhile  
Some bring a tear to our eye  
Some are so vivid and filled with  
bliss  
They cause you to brag and  
maybe disclose  
To anyone who will listen  
Others are secret to you alone  
To live over again in the silence  
of night  
Then lock away safely in the  
depth of your soul  
Till needed again to make things  
right  
Like waves that wash over the  
sandy shore  
Then race back to the sea once  
more  
Memories are highlights of days  
gone by  
Of how you have lived, things  
you have done  
Of days that have come and days  
that have gone  
Of things that have happened  
along the way  
And made you who you are today

By: Margaret G

## Apple Fun Facts

- Apple trees take four to five years to produce their first fruit.
- It takes about thirty-six apples to create one gallon of apple cider.
- The science of growing apples is called pomology.
- The largest apple ever picked weighed in at 3 pounds 2 ounces.
- Apples can improve your memory, mental alertness, and electrical activity of the brain.



## **Trying to find the right route?**

Contact Dave J #325 for bus routes of Hamilton.



## Mugsy

I was about ten when Mugsy made his first appearance. Not at our house, but to our next-door neighbors who brought him home. When they introduced him, we said “what’s his name?”, they said “No name yet, do you have any ideas?” Many names were suggested but everyone settled on Mugsy.

Our backyards were adjoining, so when he was out, he spent as much time in our yard as in theirs. I took Mugsy for many walks, some of which were to the golf course. I liked to look for lost balls to sell.

Mugsy found more than me; he was a real ball hawk. But this came to an end one day when he was hit on the head by a wayward golf shot. Mugsy never touched a ball again; Sniffing for rabbits was more to his liking.

Then the bad news came... the neighbors were moving and taking Mugsy with them. They moved to Robertson Avenue, about two miles away. A couple weeks later, we opened the door, and Mugsy was sitting on the front porch. He would stay for a week or two, leave only to turn up on Robertson Avenue. These trips continued for a couple of years until they moved to Hamilton Mountain with Mugsy. Two weeks later, Mugsy was sitting on our front porch. When they came to pick him up, they said “Do you want him?”, I said “Do we ever!” Mugsy was now our dog.

Mugsy was let out in the morning to do his business. About an hour later a friend on Aberdeen Avenue called and said Mugsy was hit by a car. He was dead and lying in the middle of the road. I got dressed, opened the door and Mugsy was climbing onto the porch. The phone was ringing. They said he lay there for ten minutes, got up and walked away. I was starting to think there was something divine about Mugsy. His travelling days over, Mugsy spent a quiet life with my parents ‘til he passed away. Now I bet he is sitting on the porch of that old house. I know you can’t see him, but he is there. Mugsy is a travelling dog and will be on his way soon. Goodbye Mugsy, I love you.

**Ken D.**

## **Comic Corner by T.N.T.**

The hitman was taking his victim deep into the forest very late at night. The man said, “it’s weird in here, this place gives me the creeps.” The hitman guy responds, “well, how do you think I feel, I have to walk back.... alone!”

## **Town Hall Meeting Minutes**

**Management Attendance:** Dana, Meg, Shelley

**Resident Attendance:** Ray L, Doug, Ken, Else G, Alan, Mary, Betty C, Pat F, Ruby, Bruce

### **Open Questions/Comments**

- **New dietary staff in kitchen are “Marvelous.”**
- **Is there a possibility of remodeling the main lounge?**
- **Remind staff to bring residents walker back to table after meal service.**

**Next Meeting is September 27<sup>th</sup> @ 3:00**